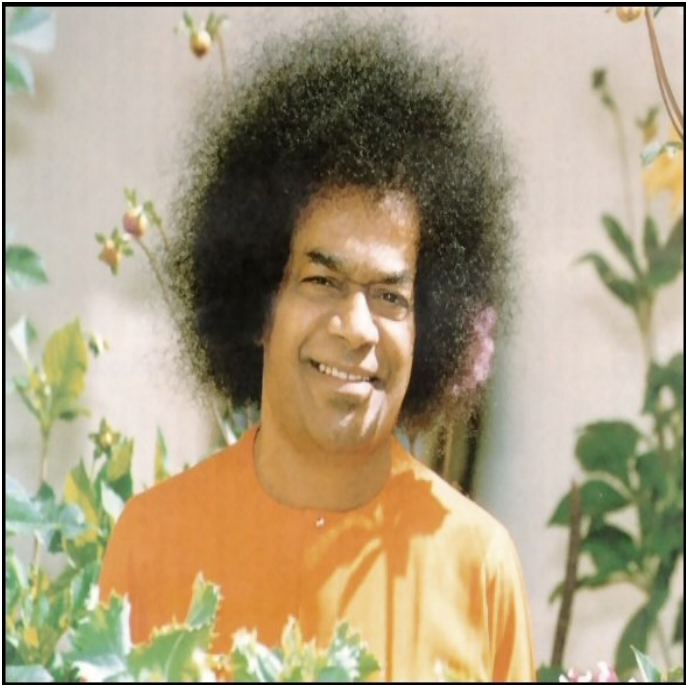


**SSE SKITS WITH LESSONS AND HUMAN VALUES:  
FOR SSE CLASSES**



## PREFACE

Om Sri Sai Ram

My humble pranams to the lotus divine feet of Sri Sathya Sai Baba. I am forever grateful for Bhagavan. We are all very blessed to live in the yuga when the lord has come on earth again in human form to shower grace on the world. I can surely tell you that I have experienced many situations in life where the Sai Values I have learnt as a child in my Bal Vikas classes have become a part of me and those values help me in my life on a daily basis in a multitude of situations. This book is mainly written to share some of the fun and easy skit ideas that relate to children's everyday life situations. When children learn and understand the human values and incorporate them into their lives they will notice that they will have positive guidance from within throughout their lives. Now as a grown adult I still see the important of SSE in my daily life. SSE is so powerful that it becomes part of the student and helps each person lifelong.

-Kavita Gande

SSE Coordinator of Sathya Sai Group of Clearwater

## INTRODUCTION

You will find 5 skits in this book. Skit 1 is subdivided into 5 situation scenes. At the end of each skit are the values that should be learned from the skit. I hope SSE teachers and SSE students can use these skits and use them according to values they would like to display. You can modify costumes/props accordingly. You can even change proper names of people and places according to your local area and modify the skits. The underlying concept will be the same even if you modify the superficial terms and names.

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## SKIT 1 INTRODUCTION SCENE:

*Characters need to play the following roles:*

Jesus

Durga Devi

Sathya Sai Baba

Props:

Handmade/Readymade costumes/Sari: for characters of Jesus, Durga Devi and Sathya Sai Baba.

(Setting) Fog effect

Fog effect can be created with a fog machine or dry ice.

The scene begins with fog, the three deities Jesus, Sai Baba, and Durga Devi standing in the fog. As the fog clears the deities are visible to the audience.

**Jesus:** What tasty Amrit.

(Amrit in Sanskrit means immortality, this the nectar the gods drink, the drink of devas which grants them immortality) (Jesus should be holding a cup in his/her hand during this scene)

**Sai Baba:** Yes, Yes, it tastes wonderful when it is warm.

(Sai Baba should be holding a cup in his hand pretending to drink the Amrit)

**Durga Devi:** Jesus and Sai Baba I have asked you to join me today as I feel good habits and values are not being instilled in children at a young age, and I could use your innovative ideas.

**Sai Baba:** Having good habits, behaviors and character means serving society. Being good should be the aim of youngsters instead of trying to always be great. A good child has the strength and mindset to help others. This service will spread from serving the self to eventually serving the world.

**Jesus:** Let's make a trip down to earth and check on some children to help them out.

**Durga Devi:** Sounds great, I knew calling you both was a brilliant idea. Now let's look at some situations where these children can be helped.

***Situation 1:***

*Values to be realized from skit:*

*Human Value:* Truth

*Other values:* Spirit of inquiry, study of one's own self, and Self-existent truth

*Characters need to play the following role(s):*

Kevin: an elementary school boy

Sathya Sai Baba

**Kevin:** I flunked again (holding a F test paper in his hand), it's okay though because I am good at bhajans and I play instruments.....I don't have to study, Swami will make me get an A next time. I have had a long day, time for some rest now.

**Kevin:** (Laying in bed, sleeping with his eyes closed.)

**Sai Baba:** Kevin, you have so much faith in Swami, I will always be with you and guide you. I am there to help you anytime, any place along your spiritual path. However, Kevin you must also study very diligently so that you can become a good citizen and serve the world back using the knowledge you have. I will surely help you but you must also put some effort into studying. You surely sing bhajans from the heart and play the instruments well!

**Kevin:** (opens his eyes) Excited to have Swami's darshan he says "Oh Swami, yes I will study hard from now on and

do well in academics; I realize that it is wrong of me to expect that I will pass without putting in any effort at all.



## **Situation 2**

Values to be realized from skit:

*Human Value:* Right Conduct

*Other values:* obedience, self-help, respect for others, and self-sacrifice

Value: Peace

Subvalue: self-discipline, self-control, endurance

*Characters need to play the following roles:*

Mother

Toddler

Genevi

Narrator

*Setting/Scene props: we created a cardboard car and set chairs behind the big cardboard car. The mother and child sit in the chairs behind the cardboard car to show the mother and child sitting in a car.*

**Narrator:** Mother just picked up her older child from the school and baby sister is in the carseat, the mother has to drive the older child Genevi to a doctor appointment.

**Mother:** (driving the car) We are almost at the doctor appointment Genevi. I put a bag of chips in the back seat for you in case you are hungry.

**Toddler:**( crying in the carseat)

**Genevi:** (grabbing mother's arm on the steering wheel)  
No way I don't want chips, take me to Taco Bell now. Buy me my Bean Burrito.

**Mother:** Genevi, we have 5 minutes until your appointment. We don't have time to make a stop and baby is crying, I am unable to make a stop now for a meal.

**Genevi:** No, no, no, stop now.

**Mother:** Please stop grabbing my arm Genevi.

**Genevi:** No, you are not listening to me.

**Mother:** (Mother has worried look on her face, Genevi's hand is on mom's arm and pushing it to the right, mother's hands on steering turn steering all the way to right)

Oh Jesus, we are falling into a ditch please save us.

**Narrator:** Jesus appears as the mother drives into a ditch on the side of the road. Genevi has a surprised face.

**Jesus:** Dear child, you must not give your mother a hard time, you must obey her. Your first and foremost duty is to make your parents happy. You should have self-control and make do with the chips in the given situation and not make driving difficult for you mother. Try to give your

mother mental peace by being calm and courteous.  
Conduct yourself like a good daughter.

**Genevi :** Jesus, I can't believe it's you. I am sorry I troubled my mother. I am so glad you saved us. I will not distract her when she is driving again and I will obey her.

**Jesus:** (patting child on head) Very well my child.

***Situation 3:***

*Values to be realized from skit:*

*Human Value:* Right Conduct

*Other values:* Resourcefulness, self-support, self-help, hygienic living, cleanliness, and obedience

*Characters need to play the following roles:*

*Father*

*Tara*

*Mother*

*Narrator*

*Scene: home setting, living room.*

*Props: Cardboard TV and a table in front of it with a chair.*

*Tara will be sitting in the chair in beginning of the scene.*

*On other side is kitchen area where parents are.*

**Narrator:** Father is in kitchen and will be calling Tara to eat, Tara goes walking into the kitchen from her TV area.

**Father:** Tara, your mom made fresh Samosa's, you will love them. Come and eat at the kitchen table honey, we have some ants in the house and they will spread if we don't keep the food in one area. I am going to finish some office work and mom is going give your sister a bath okay?

(Tara walks back to her TV area with a bag of popcorn and the plate of samosa's)

**Tara:** I love eating these samosa's and chutney.  
(Tara finished eating and throws the empty plate on the floor)

Oh look, it's time to watch my favorite song on T.V. (Play a kids' favorite song music)

Time for some popcorn.

(Tara eats the popcorn sloppily and spills some on the floor) (Music gets louder and then fades away)

The song is done already, time to change into my jacket and play outside.

(Have Tara wear a layered outfit with a vest or cardigan, she takes off the vest/cardigan throws it on the floor and puts on a jacket and walks out)

**Narrator:** Tara has left a food mess on the table, chair/sofa and floor. Tara also left her clothes on the floor and now she has run outside to play. Tara is playing ball outside when the father walks into the living room astonished.

**Father:** I do not believe this mess. There are samosa crumbs and popcorn all over the room. There are clothes

on the living room floor too. Did I not tell her to eat at the table?

I will take this up with her later (Father looks at his wrist watch) Oh, gotta go, it's time for my conference call.

**Narrator:** Mother walks into living room so disappointed With her hands on her face and she kneels down to the floor and looks up onto the ceiling as if she is looking for God

**Mother:** Oh Devi, I have to work full time, take care of my family, cook and clean after the mess of my children. I don't have time to take care of myself or my health. Please teach my daughter to help us

**Narrator:** Durga Devi arrives and catches Tara playing outside and stands in front of her.

**Durga Devi:** Dear one, do you realize that you have left a mess for your exhausted mother to clean up. She does so much for you. You must appreciate all that your parents do for you and you must try to do seva at home to help them. Your parents will have more time to take care of their health, if you can help them keep the house clean. Also for the well being of everyone living in the house a clean home is needed.

**Narrator:** Tara stops playing and looks at Durga Devi in admiration

**Tara:** Oh my goodness, it is really Durga Devi!

Sorry Devi, I did get a little carried away, I like being pampered and did not think my laziness would affect my parents! Now realize that it is part of my responsibility to help my parents.

**Narrator:** Tara prays with both hands together to Durga Devi and Durga Devi blesses her and then walks off the scene.

#### ***Situation 4***

##### *Values to be realized from skit:*

*Human Values:* Truth

*Other values:* Quest for knowledge, self-existent truth, sense of discrimination between true and false

*Characters need to play the following roles:*

Sharanya

Sara

Kavya

Narrator

Scene: All the friends are playing outside initially. After outside scene for birthday cake scene set table with cake props/candle, plates, knife and 3 chairs.

**Sharanya:** Hey everyone it's my birthday Tuesday, We will have a slumber party.

**Sara:** Awesome, sleepover party, I will be there.

**Kavya:** Umm I can't come, I have to go somewhere with my family, sorry.

**Narrator:** Everyone disperses to their homes and the next day in Sharanya's home, Sharanya is sitting at the table with the birthday cake and her friends around the table.



(friends sing Happy Birthday song and Sharanya blows out the candle, and kids clap) (friends hand over their gifts to Sharanya)

**Sharanya:** Thanks so much for coming over to celebrate friends, this means a lot to me.

Sharanya serves cake to Tara and Vijaya and Tara and Vijaya eat cake.

**Sara and Vijaya:** You know we wouldn't miss it!

**Sara:** "You wanna go outside and play ball for a while?"

**Sharanya/Vijaya:** Sure, let's go!

**Narrator:** The girls go outside and start throwing the ball and Sara spots Kavya playing in the yard of another friend

**Sara:** Hey look, Kavya's playing with Teresa on the other side, I thought she was supposed to be with family.

**Sharanya:** sobbing. I don't know, I really wanted her to be here today too, why did she not tell me the truth. If she does not want to attend she should just say so. I'm feeling kind of down. Can we go back inside?

**Vijaya:** Hey, it's your birthday, don't let Kavya upset you. Unfortunately, this is not the first time she has lied, I have some incidents where she has lied to me. I do not know what she thinks of our friendships but I feel she does not

take friendships seriously. Just don't give energy to your negative thoughts. Continue believing in your goodness and be confident like you always are, don't let her bring you down.

**Sharanya:** Your right I shouldn't give my negative thoughts energy.

**Narrator:** Sharanya goes into her room crying and prays to a picture of Swami in her room, and sees a bright shining light in her room.

**Swami:** Dear child do not cry and waste your energy. I am always with you. Being truthful and not hurting others are very important values. Do not waste your energy in trying to figure out why one has deviated from human values. Instead you must follow them and tread the path of truth. Truth will live the heart of those disciples who love God above all else.

**Sharanya:** Yes Swami, I will not waste my energy on negative emotions, I see that you are with me always; I will be confident about who I am and I will always follow your teachings. I will try not to let others negative behavior affect my morale.

***Situation 5:***

*Values exemplified:*

1. *Human Value:* Non-violence

*Other values:* kindness, unwillingness to hurt others, compassion, and universal love

2. *Human value:* Peace

*Other values:* Abstinence, Purity, Discipline, Self-control

*Characters need to play the following roles:*

Mark

Nithya

Trisha

Elizabeth

Sapna

Kids are sitting on cafeteria table in school eating.

**Mark:** Hey Nithya, what are you eating?

**Nithya:** I am eating an Indian food called chapati. I am a vegetarian, so my mom packs my lunch.

**Trisha:** Try my Salami sandwich Nithya.

**Elizabeth:** Try my hot dog Nithya, I can't believe that you are a vegetarian. Your food stinks.

**Nithya:** No thanks, I love that I am vegetarian and I don't want to eat meat. (Sobs a little that her classmates are picking on her)

**Sapna:** Don't worry Nithya I am sitting with you and I will stick up for you if you need me too. You should be proud of yourself for being vegetarian. Continue standing up for yourself. It's actually noble that you don't want to harm any animals.

Nithya hugs Sapna and they walk off the scene

Next scene: (Nithya is sleeping in a sleeping bag on the floor, Nithya has her eyes closed and Sai Baba walks up to her. That night Swami comes into the dream and says to Nithya...)

**Sai Baba:** My child you have done right and not given in to eat meat. You are doing service by being vegetarian. Many do not realize that not hurting animals is a service as well. You are following the value of non-violence. Animals were not born to become human food they have their own karma to work out. Eating animals makes a person get negative animal qualities such as anger and jealousy into one's blood. This hinders the spiritual path. The varying animal qualities and emotions one gets from eating meat are not good. Continue to be confident and follow Swami's teachings...Swami will always be with you.

Sai Baba walks off the scene and meets Jesus and Durga Devi watching from close by, they all look at each other and smile.

Nithya wakes up and goes and meets Sapna

**Nithya** : Sai Baba said, I was right for not eating meat and pointed out that that is following the value of non-violence.

**Sapna**: Looks like we all learned a lot from our recent experiences! I love it when Gods enlighten us. I heard some other kids at the Sai Center have had some cool experiences as well. Let's go talk to them, I think we should write a SSE skit about this and present it so others can realize what we have realized.

**Narrator**: Nithya and Sapna walk over to the Sai Center and the all the kids are finishing SSE classes.

## **SKIT 1 CONCLUSION SCENE:**

All kids sitting.

**Tara:** Hi Kevin, How are you?

**Kevin:** Good, what are all of you doing?

**Nithya:** Well, we all have had interesting dreams or visions of God, so we got together to talk about them.

**Genevi:** I saw Jesus, he showed me that not stressing my mom out is also a kind of seva because my good behavior can help her have mental peace.

**Sharanya:** Me too, When my friend lied to me Swami told me that truth was important and he taught me not to waste my energy and cry about those situations where human values such as truth are not followed.

**Kevin:** Awesome. I had a dream of Sai Baba teaching me that I need to study and not expect to pass my exams without putting in effort. It was so cool.

**Tara:** Durga Devi visited me and showed me that I need to help my parents clean up. I learned that helping my parents is a great service. By being responsible I can help make their lives easier and decrease their stress. Plus, a clean house promotes good health.

**Nithya:** Sapna was thinking we should write a SSE skit using all of our beautiful experiences and present it. Then others can also learn what we have learned.

**All:** Most definitely

(Everyone stands up and says Om Sri Sai Ram in Unison)

## **SKIT 2**

Introduction Scene:

Mother with her kids taking arathi and putting away the bhajan book, cymbals and tambourine in her bag, and praying to Swami. They are exiting the bhajan hall and entering the hall where prasadam is being served.

Values to be realized from skit:

Human Value: Right Conduct

Other Values: Respect for others, self-help, self-confidence, and self-support

*Characters need to play the following roles:*

Mom

Priya: Older child around age 10

Baby/toddler

Dialogues:

**Mom:** (Mom: with toddler who is crying and hungry)

Older child 10 years

**Priya:** Swami's birthday bhajans were great mom. Can you come stand in the line for Prasad with me, it is super long?

**Mom:** No sweetheart, I have to feed the baby, she has not eaten in hours, she cannot feed herself so I need to feed her, you are able to stand in line, get food and feed



yourself, you are 10 years old now, please just go stand in line.

Mom goes outside of bhajan hall to feed baby

Priya comes running outside and in tears

**Mom:** What is wrong sweetie?

**Priya:** Nothing, you can't stand in line with me...and the line is so long...I am so hungry....

**Mom:** Not that I don't want to too I just felt you are able to stand in line on your own and I have to feed the baby as well.

**Mom :** Priya you must think of this waiting in line as spiritual sadhana, it will be difficult but it will help you develop patience and sacrificial qualities. Think of this as something you are doing for God and the task will be much easier. Sadhana will help one to be perseverant, self-sufficient and forbearing.

**Priya:** (smiles) Ok mom, I will go and get in line and try to think of the process as sadhana.

Good Priya, that's my good girl. Thanks for understanding.

Priya comes back to meet the mom outside with her plate.

**Mom:** How was standing in the long line and getting Prasad?

**Priya:** I'm glad you encouraged me mom, I was not happy earlier looking at the line thinking I can't stand in the line that long..... however now I just feel happy, I felt good standing in line with all the others and waiting for the Prasad, it feels so much more special, thanks for helping me to understand what sadhana feels like mom.

Mom hugs Priya and says..

**Mom:** Your obedience to your mother has helped you with your sadhana today.

### **SKIT 3**

#### Values exemplified:

Human Values: Love

Other values: Kindness, tolerance and humanism

#### *Characters need to play the following roles:*

Jaya

April

Group of kids

Scene: group of kids are forming a circle in the classroom

**April:** (Pushes the other child in school and goes in front of her while forming a line in class)

I belong in the front, not you.

**Jaya:** The teacher wants us to stay in one place in line so I will stay here.

**April:** (moves in front anyways)

**Narrator:** Jaya feels a little down, gets a little upset. However as they are walking in line to the cafeteria April falls down tripping on shoelaces and Jaya kindly gives her a hand to get up.

**Jaya:** Hey April, grab my hand to get up. I'll help you. Are you okay?

**April:** Yeah, I tripped over my untied shoelaces (April grabs Jaya's hand and gets up) "Hey Jaya, thanks for helping me, sorry about before when I pushed you; I was just really anxious as I had a rough morning at home and I took it out on you.

**Jaya:** It's ok April

**April:** (gives a pleasing look towards Jaya and smiles)

**Narrator:** Jaya shows the values of love, forgiveness and tolerance which will transform April into a better person.

## **SKIT 4**

### Values exemplified:

Value: Right Conduct

Other values: obedience, duty including loyalty of duty, punctuality, proper utilization of time, respect for others, and self-help

Value: Peace

Subvalue: self-discipline, power of concentration

*Characters need to play the following roles:*

Divya

Kaveri

Mom

Narrator

Dad

**Mom:** Divya please do your homework, Kaveri do your homework please...

**Divya:** Yes mom, I will take a bath and do my homework.

**Narrator:**

Divya bathes and starts doing her homework diligently.

**Kaveri:** No, why should I do homework: I want to play games on my phone first and I am gonna do just what I want...

**Mom:** No Kaveri, you will get exhausted later and will not have energy to do homework. Finish homework and then play the games, I am telling you for your own good.

**Kaveri:** (Kaveri is playing games on her smartphone and eating a bag of chips at the same time and dropping chip crumbs and chips on the floor)

**Divya:** (finished hw. Relaxes a bit by reading her favorite book)

Can I read mom I am all done with homework?

**Mom:** Sure sweetheart

**Narrator:** (Kaveri takes a bath late, stays up late finishing her homework and demands her mother stay up with her)

Mom I plan to get straight A's this quarter on my report card so you have to stay up late with me so that I can finish my homework.

**Mom:** I have to tuck in the baby and help her sleep, because she is getting cranky. Also I need to get up early for work tomorrow and I really need to go to bed soon. You should have completed your homework first instead of playing games first

**Kaveri:** Fine, I want to sleep too, I am tired, I will do my homework if you wake me up early in the morning.

Scene: (everyone pretends to go to sleep, you can set up fake beds or sleeping bags on the floor to show this scene. Have alarm ring for wake up call)

**Mom:** Kaveri, it is 6 am, please get up and finish homework, you have to leave the house by 7:30 to make it to school.

**Kaveri:** Five minutes.

**Mom:** Divya please wake up and get ready for school...

**Divya:** Sure mom, getting up now.

**Mom:** Breakfast is on the table, clothes are ironed, lunch packed. Divya and Kaveri please eat your breakfast and get dressed.

Scene: (Divya gets ready and is eating. Mom goes to Kaveri's bed) and says

**Mom:** Wake up Kaveri, we are going to be late.

**Kaveri:** Ok Ok, don't rush me, I will get ready.

**Mom:** Kaveri if you don't get ready quickly you cannot do homework or eat.

**Kaveri:** I will get ready but I can't do my homework.

**Mom:** I guess there is not enough time for homework, since you woke up late, just get ready so you are not late for school.

**Narrator:** Similar story happens everyday where Kaveri wakes up late and does not do homework the night before. End of quarter, Divya has straight A's, Kaveri has B's and is very disappointed and crying.

**Divya:** Don't feel sad Kaveri, you did not get A's because you did not hand in all your homework everyday. You may have thought doing well on class tests was good enough but now you know your homework grade matters, too." It's hard to stop playing video games, but do your homework first like mom told you too and think of the game as a reward for completing your homework. I know you are capable of getting A's, you just have to put your mind to it.

**Kaveri:** I think you are right Divya, I did not listen to mom. I did not do homework first, and I was too tired to get up early and do it in the mornings. I guess I have to discipline myself...thanks sis. It won't be easy but at least I am willing to try since you got straight A's when you did homework first."

**Narrator:** one quarter passes again



**Kaveri:** Mom, Divya, Dad, I got straight A's!

**Mom, Dad, Divya:** Awesome Kaveri, you did it, let's go get some ice cream to celebrate!

## **SKIT 5**

### Values to be realized from skit:

Human Value: Non-violence

Other values: helpfulness, Universal love, readiness to cooperate, and compassion

*Characters need to play the following roles:*

Lynn

3 friends

Scene: group of friends strolling on the beach

**Lynn:** Hey don't throw that water bottle out guys...

**Friends:** We were going to throw them why do you say that....

**Lynn:** "If we recycle it will help the environment and the world we live in, my parents recycle. Give me your bottles I will recycle them for you." (grabs the bottles and puts them in her tote)

**Friends:** So many people waste the bottles, it won't make a difference if we don't recycle

**Lynn:** No that is not true. Every person who recycles anything is making the biggest difference.

**Friends:** Really? How?

**Lynn:** Yes, let me give you a few examples. They may help you get an idea of how some recycling translated into a lot of preserving....75% of trash can be recycled, 1 ton of paper can save 17 trees, 7000 gallons of water, 2 barrels of oil and 4000 kilowatts of electricity. This saved energy can power a home for 5 months. Our natural resources are limited so we have to preserve for the world's well being. If every American recycled 10% of newspapers we can save 25 million trees every year. If you recycle 1 aluminum can you save enough energy to light a 100 watt light bulb for 20 hours or watch TV for 2 hours. I am kind of out of breath, I will give you more examples after we are done with our walk.

**Friend 1:** No Lynn, you have given enough examples, I did not know you were so passionate about helping the environment and I did not know I alone can save a lot of energy.

**Friend 2:** Yeah Lynn, thanks for explaining all that to us, I will do what I can to recycle from now on, I want the earth to be a great place for everyone to live in.

**Friend 3:** I am glad our leisure walk turned out to be enlightening Lynn let's form a recycling team. Let's call it the "Go Green team."

**Lynn:** (smiling) That would be great, I have been wanting to do that for so long. You truly are great friends and you understood the importance of helping mother. Thanks for your understanding; let's meet tomorrow afterschool to talk about her initiatives and plans for our Go Green projects!

**Friends:** Sure Lynn!  
Bye, see you tomorrow.



Om Sri Sai Ram